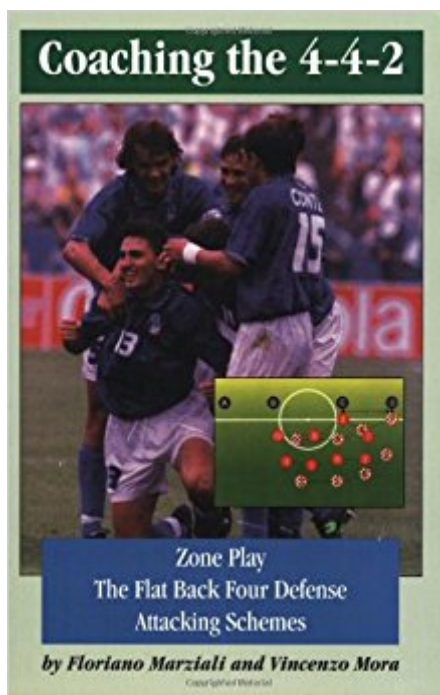


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# Coaching The 4-4-2



## Synopsis

Although the theoretical aspects of zone play are continually being discussed and investigated, the teaching methods have not been examined as thoroughly. This is why this book was written. Its aim is specifically practical, so a graphic presentation has been preferred to a theoretical one. The notions, principles, and the basic and necessary concepts of the zonal system have been covered in a simple yet thorough way. This book gives primary importance to the defensive phase, while taking into account those aspects relating to the possession of the ball. In addition, you will find organized and logical attacks through easy to follow diagrams.

## Book Information

Paperback: 146 pages

Publisher: Reedswain Books & Videos; 1 edition (April 1997)

Language: English

ISBN-10: 0965102084

ISBN-13: 978-0965102087

Product Dimensions: 6.1 x 0.4 x 9 inches

Shipping Weight: 9.6 ounces (View shipping rates and policies)

Average Customer Review: 4.5 out of 5 stars 8 customer reviews

Best Sellers Rank: #707,829 in Books (See Top 100 in Books) #166 in Books > Sports & Outdoors > Coaching > Soccer #618 in Books > Sports & Outdoors > Soccer

## Customer Reviews

I have purchased more than a dozen soccer coaching books, many of which are system specific (e.g. coaching the 4-3-3, coaching the 4-4-2, etc.) and in my opinion this is one of the very best. I wouldn't normally mention another review, but I have to say that I really disagree with the reviewer Sherri A. Rudy. Other books try to cram so much needless information into their diagrams creating a huge headache for the reader. The full page diagrams in this book make it very easy to read and understand. In my opinion this book is simple and straightforward instead of cluttered. Another book that I highly recommend is "Zone Soccer: A Game of Time and Space" (<http://www..com/Zone-Soccer-Game-Time-Space/dp/1591640679>)

Excellent service and great reference book; will buy again!

This book is exactly what it purports to be, a practical programme for coaching the 4-4-2. It favours

tactical drills, in the same way other coaching books do with technical drills. Must be read a number of times, and I found it particularly useful to actively play out (using Subuteo or connect four discs) the formations and the adjustments to the defensive shape made by the movement of attackers. Really helped me understand the relationship between the midfield and backline. Were some typos - I think a paragraph missing in the strategy and tactics chapter, however the book is focused on practical zonal shape so not much value in there anyway. Particularly good chapters on double-teaming and off-side tactics.

I coach girls U12 rec. Last season, was our first year of full-field 11-a-side soccer and we needed a formation for the first time. This book did a great job of explaining the pros/cons of the 4-4-2, along with some info on how to determine if it was right for my team, based on the players and their abilities. Further, it listed a few drills for introducing the formation along with some plays and considerations for game situations. This book is by no means an introductory soccer book, but it laid out the information in a clear concise straightforward manner. I purchased 2 more for my assistant coaches as well.

Exactly as described. Nice diagrams follow step by step implementation and practice of developing flat back defense AND includes the midfielders and forwards as well. PLUS, has attacking diagrams and options to boot. PERFECT book - exactly what I was looking for.

I was disappointed in the book, too many full page diagrams. This is a 167 page book that has 2/3 diagrams. I expected more in depth about coaching 4-4-2, not just pictures. If I had been able to review the book in a book store, I would not have bought it.

Excellent first book for coaches desiring to learn the 4-4-2. Simple reading.

This book is great for teams newly using the 4-4-2 formation. Diagrams are easy to interpret.

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